

THE BROAD REACH

Volume 9, Number 5, July 1996

Internet- <http://members.aol.com/lwsa>

A Publication of The Lake Winnepesaukee Sailing Association

Commodore's Corner

by Ray Lanza

I have always said that a bad day on the boat was better than a good day at home. While you may not agree, we had a number of prospective sailors at this year's Sailing Awareness Day who at least acted as if they agreed.

June 22nd dawned overcast, and as each hour passed the weather worsened. By early afternoon we had a steady drizzle. In spite of the weather there was a decent turnout, about 20 folks showed up with 16 actually braving the weather to get out on the water before and after the weather turned.

I would like to thank all those who participated. Everyone enjoyed the short general meeting that evening over pizza and homebrew.

The Night Owl Race and the Skating Rink Spaghetti Benefit Supper are on the same evening. If you are planning to participate and would like a hot meal during the race, sign-up for dinner. We will deliver your meal to you while the race is underway. Maybe a little carbo-loading will improve your standings? It should improve the meals on those racing boats.

The August 10th "TBD" event is coming together. We have decided on a reverse start island race with a slight twist. The helmsperson must be a woman!! The men can be on board (if they wish, or if the woman wishes) but a woman must drive. After the race we will have a BYOB cookout/party (hotdogs & hamburgers supplied) at a "TBA" (to be announced) location.

Our own Meg Heckman, Paige

Continued Page 5



Helen Lanza accepting donation to Youth Sailing from the WYC Commodore Steve Selig

WYC Makes Another Donation to Youth Sailing

The Winnepesaukee Yacht Club made a very generous donation to the LWSA Youth Sailing Program at its regularly scheduled monthly meeting in June.

Steve Selig, Commodore of the WYC, presented a check for \$2,000 to Helen Lanza, LWSA Youth Sailing Chairperson.

The money will be used for a number of purposes including defraying the cost of last year's Optimist purchase, equipment maintenance, and Youth Sailing Scholarships.

On behalf of the officers and members of the LWSA, I would like to thank the WYC for the gracious support and generosity toward the Youth Sailing Program.

Along with this money, the WYC

supports the Youth Sailing program in several different ways. They donate the use of the yacht yard for storage of the optimists, lasers, equipment shed, and laser trailer.

Next Meeting
July 26,
7:00 PM
Fay's Boat Yard
Rec Room
BYO Appetizer

The yacht yard also serves as the launching site. Thank you to anyone who is inconvenienced by the Youth Sailing Program Activities.

In addition, the WYC kitchen and clubhouse host the pancake breakfast. Several members and associates worked with the kids to provide the food and technical cooking knowledge and preparation this year. Thank you's to John Heckman, Mo Heckman, Larry Routhier, and Frank Leith.

The WYC also hosts many of the Junior Regattas.

1996 Sailing Schedule

Date	Event	Location/Sponsor
07/13 Sat	Smythe Cup	Dartmouth/SC
07/16 & 17 Tues, Wed	Sears Bemis	Lake Champlain/SC
7/19 Fri	Single handed Race	WYC
7/20 & 21 Sat, Sun	WYC Commodore's Cup	WYC
7/20 & 21 Sat, Sun	Smythe Cup Finals	Portland/SC
7/23 & 24 Tues, Wed	Sears Bemis Finals	North Haven/SC
7/27 & 28 Sat, Sun	Night Owl Race & Breakfast	
7/27 & 28 Sat, Sun	Lake Champlain Regatta	Lake Champlain/SC
08/10 Sat	The TBD Race	
08/24 Sat	Ice Cream Run	
8/24 & 25 Sat, Sun	Portland Regatta	Portland/SC
08/30 Fri Night	Frying Pan Race	
8/31 & 9/1 Sat, Sun	LWSA Labor Day Regatta	
09/02 Mon	Laser Shoot-Out	SC
09/07 Sat	Dartmouth Regatta	Dartmouth/SC
09/07 Sat	Pearson/Catalina/Beneteau Race	
09/14 & 15 Sat, Sun	J Jamboree	
10/06 Sun	WYC Cold Duck Race	WYC
	Laser racing Tuesday night	Sunapee
Starts 6/26	Laser racing Wednesday night	Winnepesaukee
	Laser racing Thursday night	Mascoma
	One Design racing Friday night	
Starts 6/14	WYC Friday night beer can series	WYC

Classified Advertising

Classified ads may be placed up to two weeks prior to publication dates. Cost is \$.50 per word for members, \$1.00 non-members. Make checks payable to LWSA, and remit with ad to Dave Mackey, Box 600, New Boston, NH 03070



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 Phil Kanegsberg, Youth Club
 Ed Philpot, One Design
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 Ray Lanza, PHRF

The Broad Reach is a publication of the Lake Winnepesaukee Sailing Assoc. It is circulated to fulfill our non-profit charter which is "...to encourage the sport of sailing..." Each issue costs approximately \$250 to produce. If you are receiving these issues as a member we thank you for your support. If you are not a member, we ask that you consider a tax deductible membership [501(c)(3)] to help us defray publication costs. Thank you.

The Broad Reach is published on a monthly basis during the season. All materials for publication are due 7 days after the monthly meeting. The Broad Reach is a publication of the Lake Winnepesaukee Sailing Association (LWSA), PO Box 7047 Gilford, NH 03247. Publication or use of any material from The Broad Reach is not authorized without written permission. Further, The Broad Reach and LWSA disclaim responsibility for typographical errors other than the obligation to print a notice of correction.

Submit materials by mail (3.5" disk preferred). To the editor PO Box 600 New Boston, NH03070. or Email: k1ka@aol.com

1996 Display Space Advertising Rates

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1/3 page	\$350	\$200	\$135
1/4 page	\$300	\$175	\$100
1/8 page	\$175	\$100	\$70

The Broad Reach is Circulated to more than five hundred Lakes Region sailors and sailing enthusiasts. Commercial support for The Lake Winnepesaukee Sailing Association, a non-profit organization, can be acknowledged with space advertising according to the above schedule. To place an advertisement contact the editor: Dave Mackey (603) 487-2677-eves. (603) 644-3555-days. Deadlines for finished copy are the forth Friday of each month. Design and production help is also available.



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by *Catalina* Yachts

Blade Runner

Demo Boat: ~~\$3995~~ \$2500

Hobie

Laser --- Optimist

**Official Notice of Race
32nd Annual
Commodore's Cup Regatta**

Sponsored by the:
Winnepesaukee Yacht Club
Date: July 19, 20, 21

Racing Format:

Friday Night: Singlehanded
Classes: Spinnaker & Non-Spinnaker
Sign up: 5 PM, **Start:** 6 PM, **Entry:** \$5
Saturday and Sunday: 3 Buoy Course
Classes: 2-Spinnaker, 2-Non-Spinnaker
Entry: \$30

Saturday

Sign-up: 9:00 A.M. coffee & donuts

Skippers Meeting: 10:00 A.M.

Post Race: Beer & Cookout

Dogs/burgers \$1.00/person

4-6 pm WYC All Star Band

Sunday

Coffee & Donuts 9:00 AM

Skippers Meeting: 10:00 AM

Post Race: Beer & Munchies

RCOD: Derek Lewis 603-286-3989

WYC: 293-9300

**Official Notice of Race
2nd Annual
Night Owl Express
and Gala Breakfast**

Sponsored by:
Patrick's Pub & Eatery

Date: Race-Saturday July 27
Breakfast- Sunday July 28, 11 AM

Format: Evening Race

Class: Spinnaker & Non-Spinnaker

Fee: \$20 (\$18 for USSA members)

Schedule:

3:30 PM Skippers Meeting

Fay's Rec Room

5:00 PM Start

1:00 AM (Sunday) Finish

2:00 AM Time limit

2:00 AM-10:00 AM Sleep

11:00 AM Breakfast/Brunch

at Patrick's Pub & Eatery

Awards: First, second, third in each division. Each registered boat receives a \$10 Gift Certificate from Patrick's Pub.

RCOD: Dave Mackey 603-487-2677

**Official Notice of Race
1st Annual
TBD Race**
Sponsored by:
LWSA

Date: Race-Saturday August 10
Format: Reverse Start PHRF Island
"Pursuit Race" for Woman

Helmsperson

Class: Spinnaker & Non-Spinnaker

Fee: \$10 (\$5 for USSA members)

Schedule:

Sign-up: 11 AM Fay's Boat Yard

11:30 AM Skippers Meeting

1:00 PM Start

Post Race: BYOB & Bring a

hors d'oeuvres please

Coolkout/Celebration

(Hotdogs & Hamburgers

provided) at a

TBA (To be announced) Location

RCOD: Ray Lanza 603-881-5844

LWSA Membership Registration

Name: _____

Spouse: _____

Street: _____

City: _____ State: _____ Zip: _____ Night Ph: _____ Day Ph: _____

Children (wth ages): _____ Boat Name: _____



US Sailing Association Membership Registration

Please process my USSA Membership for 1996 at a rate \$35, (Instead of the regular rate of \$40). I understand that if I am a member of USSA that I will not have to pay an additional fee of \$5.00 or 10% of each event registration fee to cover the cost of insurance through USSA. This will provide full USSA Membership including a Rule Book, a subscription to *Sailing World* Magazine and all other membership benefits.

I/we are enclosing the following:

\$ _____ for LWSA Family Membership Dues (\$75)

\$ _____ for LWSA Single Membership Dues (\$38)

\$ _____ for LWSA Youth Membership Dues 18 & under (\$15)

\$ _____ for US Sailing Association Dues (\$35)

Total \$ _____ Signed: _____ Date: _____

Send To: Lake Winnepesaukee Sailing Association • PO Box 7047 • Gilford, NH 03247

Wind Blows for Leiter Cup by Susan Sparks

Seven young women from Lake Sunapee, Dartmouth Sailing Club, and Lake Winnepesaukee competed in the NH qualifier for the Leiter Cup. Strong winds and the closing of Sanders Bay led only six of them to attempt to make it to the race course off the southwest side of Welch. Four tenacious sailors made it to the race course and competed.

The Leiter Cup is normally sailed in radial rigs which provide for less sail area to compensate for the lighter weight of the young women. Some of the competitors did not have radial rigs. Therefore the race committee decided that to even the field and to support and encourage racing, all of the competitors would use full rigs.

Saturday came with wind ranging from 12 to 26 knots. Most of the women would have been more comfortable in the smaller rigs. Combined with the power boat chop, this provided some extreme conditions for the young women.

The women sailed four races before the threat of thunderstorms and heavier winds encouraged the race committee to send the boats in to shore. The visiting sailors commented that they had never sailed in conditions like these.

Ruth Childs, from Dartmouth, as the lightest competitor did an commendable job braving the intimidating conditions to start and compete in two of the races before retiring due to exhaustion.

Anna Destrempe won the "Righting" award. She continued sailing even though she broached and or turtled 20 times. If you see her on the dock, please feed her she needs the weight.

Paige Black did an excellent job of keeping her boat under control and made Meg Heckman look over her shoulder more often.

Meg, who considers heavy weather a challenge, excelled in these conditions. Great Job Meg on your

First Regatta Win. Meg's hard work and practice are paying off and she is an inspiration to the younger girls to prove that women can compete on an equal basis.

Thank you to all of the parents, coaches, chase boat personnel, and other volunteer who provided on the water and shore support. Special thanks to James Mackey who escorted two returning sailors to shore. See results on the Page 5. ^Δ

General Meeting:

Friday July 26

Location:

Fay's Boat Yard Rec Room

Time: 7:00 PM

Bring Your Own Appetizer

Agenda:

Secretary's Report

Treasurer's Report

Youth Sailing Report

Membership

Race Committee

Misc.

Youth Sailing Lesson Registration

I wish to register the following student for the Youth Sailing School:

Student: _____ Age: _____

Parent or Guardian: _____

Street: _____

City/State/Zip: _____

Home Phone: _____

Parent Work Phone: _____

I am interested in the following sessions: (check)

8:30 - 12:00 1:00 - 4:30

July 1 - July 12	___	(Level 1)	___	(Level 1)
		(ages 8-11)		(ages 12-16)
July 15 - July 26	___	(Level 1 1/2)	___	(Level 3)
July 29 - Aug. 9	___	(Level 2)	___	(Level 2)
Aug. 12 - Aug. 23	___	(Level 2)	___	(Level 3)

Registration is on a first come, first served basis. The cost of each session is \$160.00 (texts included) paid in full by June 20th. All registrations paid in full prior to June 1, 1996 will be entitled to a \$25.00 discount. Please make checks payable to: LWSA Youth Sailing Program

For more information or to mail deposits and registrations contact:

Lynn Friedel
18 Winding Brook Road
Goffstown, NH 03045
603-624-1436

Note: The sessions are open to children between the ages of 8 and 16. Classes meet Monday through Friday.

Racing News

SAN JUAN EAST COAST CHAMPIONSHIP

The Second Annual San Juan Regatta occurred on Saturday June 6. With light winds but little power boat chop the sailors completed four short windward leeward races. The event was also the east coast championship for the San Juan Class. Four boats turned out for the event. The racing was competitive with the breeze or lack thereof playing a decisive role in the results.

Jason Blais and his crew aboard the boat formerly known as Carousel won the event for the second year in a row with two first and two second place finishes. Fiesta, skippered by Al Posnack and flying the new look in layered sails, took second. Don Roper and the crew of skippers in Airborne took third. Derek Lewis and the full crew of Lady Kered took fourth.

Next year we hope to add other one design classes to this regatta to make it a One-Design Event.

<u>Skipper</u>	<u>1</u>	<u>2</u>	<u>3</u>	<u>4</u>	<u>TOTAL</u>
Blais	.75	2	.75	2	5.50
Posnack	2	3	2	.75	7.75
Roper	4	1.75	3	4	12.75
Lewis	3	5	4	3	15.00

LEITER CUP REGATTA

<u>Skipper</u>	<u>1</u>	<u>2</u>	<u>3</u>	<u>4</u>	<u>TOTAL</u>
M. Heckman	.75	.75	.75	.75	3
P. Black	2	3	2	2	9
A. Destrempe	3	2	3	3	11
R. Childs	4	4	DNS	DNS	18

JIMMY FUND RACE

The Jimmy Fund Race was abandoned due to lack of wind and will be resailed on a future date.

Commodore's Corner *continued from page 1*

Black, and Anna Destrempe did well at the Leiter Cup. See the related article.

Sailing lessons are well underway. Laura and Meg are teaching the beginning sailors how to follow the shifty winds in Smith Cove. Good luck on those rainy day activities, and we hope the remainder of the sessions have many fewer rainy days.

Merrill Fay has graciously donated use of a small skiff for the sailing lessons. Affectionately known as Rudolph the Red-Nosed Skiff, watch for the Instructors on lesson days or at the Wednesday Laser races putting the boat to good use.

Meg and Laura have held a "Name the Optimist" contest with the kids. Watch this space and the sterns of the opties for the winning names.

Thank you everyone who helped with the Pancake Breakfast, either working or eating. We had approximately 100 people and did very well.

LWSA Information Line

As a service to the sailing community, the LWSA has created a telephone information line. The phone number is 603-293-2251. We will try to keep it up to date during the summer months. There are four types of information available: Current Racing Events, Youth Sailing Information, Youth Club, and General Events. When you call the number, the message will direct you to the proper areas. Just listen to the message you want and then hang up. Please let the club officers know if you find this service useful.

Membership Expiration

Please check the address label on this Broad Reach. If you have been a member within the last four years, the date your membership expires is indicated.

Raffle

In an attempt to reduce our reliance on the Labor Day Auction, the LWSA is running a Raffle this year. First Prize is \$1,000, Second Prize is \$500, and Third Prize is \$250. Tickets are \$20 each and only 400 will be sold. The drawing will be Sunday afternoon of Labor Day Weekend. If each of our members takes responsibility for selling 8 tickets, we will sell out the whole raffle. To sweeten the pot, we will give \$100 to the person who sells the winning ticket. See Alan Kanegsberg, Ray Lanza, or Sue Sparks for tickets. We need to get tickets out to members to sell as soon as possible.

Cruisers, Racers.... Join the

W o l f b o r o

Ice Cream Run

Ice Cream Run Start Times

PHRF Start	PHRF Start	PHRF Start
299 13.00.13	239 13.13.10	179 13.26.07
298 13.00.25	238 13.13.24	178 13.26.21
297 13.00.39	237 13.13.36	177 13.26.34
296 13.00.52	236 13.13.49	176 13.26.46
295 13.01.04	235 13.14.03	175 13.27.00
294 13.01.18	234 13.14.15	174 13.27.13
293 13.01.30	233 13.14.28	173 13.27.25
292 13.01.43	232 13.14.42	172 13.27.39
291 13.01.57	231 13.14.54	171 13.27.52
290 13.02.09	230 13.15.07	170 13.28.04
289 13.02.22	229 13.15.19	169 13.28.18
288 13.02.36	228 13.15.33	168 13.28.30
287 13.02.48	227 13.15.46	167 13.28.43
286 13.03.01	226 13.15.58	166 13.28.57
285 13.03.15	225 13.16.12	165 13.29.09
284 13.03.27	224 13.16.25	164 13.29.22
283 13.03.40	223 13.16.37	163 13.29.36
282 13.03.54	222 13.16.51	162 13.29.48
281 13.04.06	221 13.17.04	161 13.30.01
280 13.04.19	220 13.17.16	160 13.30.15
279 13.04.31	219 13.17.30	159 13.30.27
278 13.04.45	218 13.17.42	158 13.30.40
277 13.04.58	217 13.17.55	157 13.30.54
276 13.05.10	216 13.18.09	156 13.31.06
275 13.05.24	215 13.18.21	155 13.31.19
274 13.05.37	214 13.18.34	154 13.31.31
273 13.05.49	213 13.18.48	153 13.31.45
272 13.06.03	212 13.19.00	152 13.31.58
271 13.06.16	211 13.19.13	151 13.32.10
270 13.06.28	210 13.19.27	150 13.32.24
269 13.06.42	209 13.19.39	149 13.32.37
268 13.06.54	208 13.19.52	148 13.32.49
267 13.07.07	207 13.20.06	147 13.33.03
266 13.07.21	206 13.20.18	146 13.33.16
265 13.07.33	205 13.20.31	145 13.33.28
264 13.07.46	204 13.20.43	144 13.33.42
263 13.08.00	203 13.20.57	143 13.33.54
262 13.08.12	202 13.21.10	142 13.34.07
261 13.08.25	201 13.21.22	141 13.34.21
260 13.08.39	200 13.21.36	140 13.34.33
259 13.08.51	199 13.21.49	139 13.34.46
258 13.09.04	198 13.22.01	138 13.35.00
257 13.09.18	197 13.22.15	137 13.35.12
256 13.09.30	196 13.22.28	136 13.35.25
255 13.09.43	195 13.22.40	135 13.35.39
254 13.09.55	194 13.22.54	134 13.35.51
253 13.10.09	193 13.23.06	133 13.36.04
252 13.10.22	192 13.23.19	132 13.36.18
251 13.10.34	191 13.23.33	131 13.36.30
250 13.10.48	190 13.23.45	130 13.36.43
249 13.11.01	189 13.23.58	129 13.36.55
248 13.11.13	188 13.24.12	128 13.37.09
247 13.11.27	187 13.24.24	127 13.37.22
246 13.11.40	186 13.24.37	126 13.37.34
245 13.11.52	185 13.24.51	125 13.37.48
244 13.12.06	184 13.25.03	124 13.38.01
243 13.12.18	183 13.25.16	99 13.43.25
242 13.12.31	182 13.25.30	96 13.44.04
241 13.12.45	181 13.25.42	84 13.46.39
240 13.12.57	180 13.25.55	24 13.59.37

- Entry Fee: None
- Registration: None
- How to Enter: Show up
- Who Can Enter: Anyone with
a PHRF rated boat **
- When: August 24 Saturday afternoon
- Why: Fun

Instructions: 1. Find your PHRF Rating in the accompanying list, and write down your starting time.
2. Leave marker #26 (between Lockes Is. and Belknap Point) to port at your starting time -scout's honor.
3. Sail toward Wolfboro.
4. The first boat to cross an imaginary line between marker #21 at Sewell Point and the northern tip of Little Barndoor Island marker #66 wins.

Upon arrival at Wolfboro you will be directed by our Docking Master to proceed to either the town dock or to anchor off the Dock. Shuttle transportation will be provided. Monitor Channel 69 for direction. An Ice Cream gala and the awards presentation will take place at PJ's on the town dock. Shuttle Service will be provided for about 2 hours thereafter if you are anchored, so you can

enjoy Wolfboro. Participants proceed home on their own schedule.

Prizes:
First Place- Ice Cream Cone of your choice at PJ's Wolfboro for your entire crew. Separate prizes Racing & Cruising

**If you've never won a race before you could win this one*

That's because we "stacked the deck". The start times are based upon PHRF times two so that the slower boats have the advantage. If a boat normally owes you a minute a mile, they now owe you 2 minutes a mile. Hot boat owners, take it as an extra challenge

** Don't know your rating? Ask Ray Lanza. 603-881-5844 evenings

News Flash

I don't have all the details but word has come that our own Meg Heckman along with Dave Adams and Nick Mercier took 2nd place in the North East Regionals Jr Lightnings held on Friday July

12th. The 2nd place has earned them a spot in the next level to be held in New Orleans late in August.

Congratulations to the entire boat. Rumor is that a new boat awaits them in New Orleans. Look for further details in the next issue of the The Broad Reach.

Official Notice of Race

Night Owl^{2nd Annual} Express

..and Gala Breakfast Awards Ceremony

✓ Race: Saturday 7/27 5 PM - 1 AM

✓ Breakfast: Sunday 11 AM Patricks Pub

Invitation: The Lake Winnepesaukee Sailing Association and Patrick's Pub are pleased to invite all sailors to the 1996 Night Owl Express.

Rules: This regatta will be governed by the 1993-1996 International Yacht Racing Rules.

Classes: Two Classes: Spinnaker and Non-Spinnaker.

Entry: The entry fee is \$20.00 (\$18.00 for USSA members). by cash or check payable to Lake Winnepesaukee Sailing Association (LWSA). All proceeds are to benefit The LWSA Youth Sailing

Program.

Course: Racing will take place on the main part of Lake Winnepesaukee (no flat calm bays in the middle of the night folks).

Schedule: Sat 7/27/95

3:30 PM Skippers Meeting

Fay's Rec Room

5:00 PM Start

1:00 AM (Sunday) Finish

2:00 AM Time Limit

Sunday 7/28

2:00 AM - 10:00 AM Sleep

11:00 AM Breakfast/Brunch at Patrick's Pub.

Breakfast: All LWSA members are invited to attend whether you raced

or not. BUT.. Since Patricks will open especially for us and make a special breakfast entre available, they will need an accurate count by Saturday afternoon. So come to the Skippers Meeting and make your reservation. Each registered boat will receive a \$10 Gift Certificate which you can use for the breakfast or any other occasion.

Awards: First, Second, Third Place for Spinnaker and Non-Spinnaker, plus each registered boat receives a \$10 Gift Certificate from Patrick's Pub. Presentations will be made at the breakfast.

PHRF Pursuit Races by Ray Lanza

Are you intimidated by the start of a typical race? Do you cringe at the thought of trying to get across the start line with a dozen boats all around you? Are the series of flags, horns and shotgun blasts bewildering?

If so, this may be the event for you. Reverse PHRF or PHRF Pursuit Races are island races that are more like a scheduled cruise or day sail than a race. Each yacht has a rating based on the boat's speed potential (its PHRF rating). Regular races group boats with similar ratings into classes. All boats in a class start together which is what leads to the congestion at the start.

In a pursuit race a yacht's handicap and the length of the course are used to compute an individual start time. The start times are computed to give each and every yachts a chance to win the race. If all yachts sailed perfectly in ideal conditions all boats would cross the finish line at the same time. Slower boats, boats with higher numbered hadicaps start first and are followed by faster boats. What really happens is more like the "hare and the hound" with everyone (the hounds) chasing the lead yacht (the hare). In any case you always know how you are doing. If no one is in front of you then you have won the race (or you are lost!!)

The TBD is a normal reverse start pursuit race like the Michelob Cup with one additional requirement

The helmsman must be a woman. A male on the helm is an immediate disqualification.

The Start

Each yacht gets a specific start time at the skipper's meeting. The number you get is an offset from the official starting sequence. The starting sequence is *normally* an 11 minute countdown to the official start of the event. Here's how the sequence works; Let's use two yachts as examples. Yacht A gets a time of 5:37, yacht B has a time of 7:21.

-11 min.	A series of warning horns
-10 min.	One horn or shotgun blast
-5 min	One horn or shotgun blast
0	One horn or shotgun blast and the official clock starts.
+5:37	Yacht A crosses the starting line (starts)
+7:21	Yacht B starts.



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